CLAIMS:

- 1. A scanning interferometer comprising:
 - i. a light source;
 - ii. a fiber optic assembly comprising:
 - a. polarization maintaining fiber having P and S modes;
 - splitting means for splitting the P and S modes propagating in said fiber
 wherein said S mode propagates in one arm and said P mode
 propagates in the other arm;
 - c. an optical path length modulator; and
 - d. a reference mirror.
- 2. An interferometer as claimed in claim 1 wherein said polarization maintaining fiber has fast and slow birefringent axes supporting fast and slow propagation modes.
- 3. An interferometer as claimed in claim 1 further comprising an analyzer.
- 4. An interferometer as claimed in claim 1 further comprising a detector.
- 5. An interferometer as claimed in claim 1 wherein said modulator is a piezo-electric actuator and a fiber stretching device.
- 6. An interferometer as claimed in claim 5 wherein said fiber stretching device has a low polarization mode dispersion.
- 7. An interferometer as claimed in claim 1 wherein said light source is a super luminescent diode.

- 8. An interferometer as claimed in claim 1 wherein said light source is an edge emitting light emitting diode.
- 9. An interferometer as claimed in claim 1 wherein said splitting means is a polarization splitter.
- 10. A scanning interferometer as claimed in claim 1 where said splitting means is a coupler having four polarization maintaining fiber ports one of which is orientated with birefringent axes orthogonal to the other three ports.
- 11. A scanning interferometer comprising:
 - a light source comprising a super luminescent diode or an edge emitting light emitting diode;
 - ii. a fiber optic assembly comprising:
 - a. polarization maintaining fiber having fast and slow birefringent axes
 supporting fast and slow propagation modes;
 - b. a polarization splitter;
 - an optical path length modulator comprising a piezo-electric actuator and a fiber stretching device having a low polarization mode dispersion;
 - d. a reference mirror;
 - e. an analyzer; and
 - f. a detector.